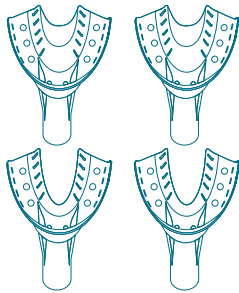


ProClear™

Impression Guide

INSIDE YOUR IMPRESSION KIT:

1



2 SETS OF IMPRESSION TRAYS

A pair of impression trays for your upper row and a pair for your lower row of teeth.

2

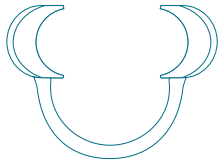


IMPRESSION PUTTY MIXTURE (WHITE & BLUE)

Each kit includes 4 containers of impression white putty and 4 containers of blue putty.

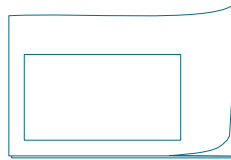
3

ONE ORAL CHEEK RETRACTOR



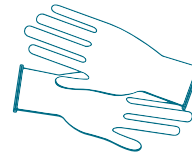
4

IMPRESSION INSTRUCTION BOOKLET & CUSTOMER NAME CARD



5

A PAIR OF VINYL GLOVES



(Do NOT use latex gloves)

6

RETURN LABEL AND CUSTOM STICKER SEAL

Each ProClear™ Impression Kit includes a Return Shipping Label and Seal (Items not shown).



FOR BEST RESULTS

Watch & Learn

We recommend watching our online tutorial video for a step-by-step process to creating a great impression.

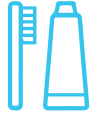
For questions and additional support call or e-mail us at:

support@ProClearAligners.com

800-324-0751

www.ProClearAligners.com/support

Getting Started Is Easy!



BRUSH YOUR TEETH

Let's start with a clean mouth. Brush your teeth and floss to remove all food particles as this helps make a better impression.



GLOVE UP

The impression putty can get quite sticky. Vinyl gloves are recommended as latex gloves may impair the setting reaction.



GRAB A TOWEL

It's common to drool while making your models. Keep a towel close to wipe away any excess saliva. There is no harm in swallowing your saliva while the putty is in your mouth.



TEST FIT YOUR IMPRESSION TRAYS

Test fit your impression trays before using them. Make sure that they fit your back two molars on top and on the bottom. If your trays are not a good fit, just let us know and we'll send you a better fitting replacement at no additional cost.



PREPARE THE IMPRESSION PUTTY

We recommend removing the containers of putty from the kit and letting them reach room temperature. Be sure to wear your gloves when handling the impression material. It gets sticky really fast.



SET YOUR TIMER FOR ACCURACY

Don't forget to set your timer when making your impressions. There is no need to remove your gloves during this process.



What we'll need from You:



For online support visit our website at:
www.ProClearAligners.com/support
or email us at:
Support@ProClearAligners.com

- ① **20 MINUTES** TO COMPLETE YOUR SETS OF IMPRESSIONS
- ② **4 SETS OF IMPRESSIONS**, 2 OF YOUR UPPER AND 2 OF YOUR LOWER TEETH
- ③ **COMPLETED NAME CARD** TO SHIP BACK TO US WITH YOUR IMPRESSIONS IN THE MAIL
- ④ **CREATE YOUR ONLINE ACCOUNT AND UPLOAD YOUR SMILE PHOTOS**

DON'T

- **Don't** worry about mistakes. You get more than one try. If your impressions are not ideal, we will ship you a redo kit.
- **Don't** use latex gloves. This may impair the setting reaction of the impression putty.
- **Don't** move or shift the impression tray once it is placed in your mouth.
- **Don't** bite down on the tray, use your fingers to press it into place.

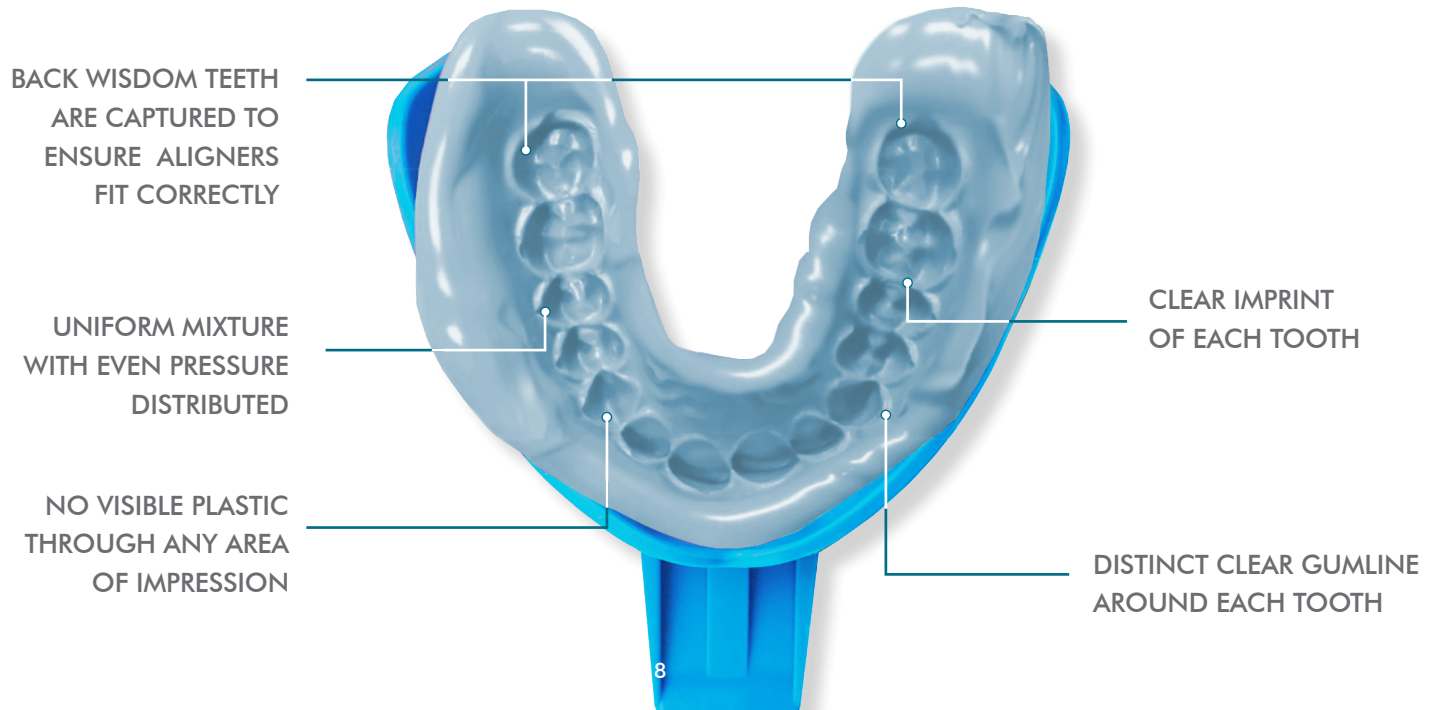
DO

- **Do** mix your impression putty thoroughly until you have a single, even color (uniform mixture).
- **Do** apply even pressure when placing the trays in your mouth. Do not force it into place.
- **Do** pay attention to your timer and follow the instructions carefully.



The Anatomy of a Successful Impression

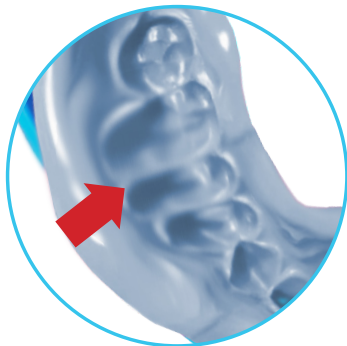
**A GOOD IMPRESSION SHOWS YOUR GUMLINE PRESENT AROUND ALL YOUR TEETH
WITH A CLEAR IMPRINT FOR EACH TOOTH**



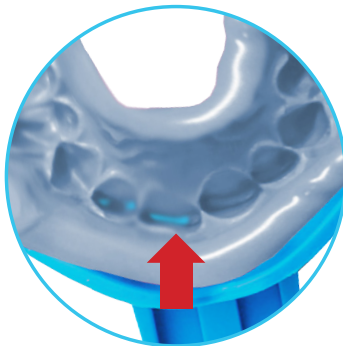
COMMON IMPRESSION MISTAKES

Inspect your impressions carefully. Remember at least half of your back molar must be captured in order for the aligners to fit correctly. Below are examples of rejected impressions due to common mistakes.

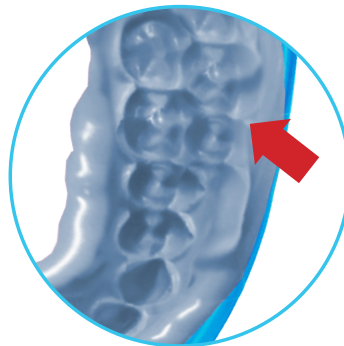
**TOO CLOSE TO TRAY
WITH POORLY DEFINED
MARGINS**



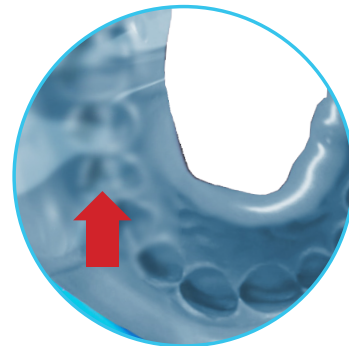
**TOOTH CONTACT WITH
IMPRESSION TRAY &
INCONSISTENT PRESSURE**



**MULTIPLE
IMPRESSIONS WITH
SMUDGED GUMLINE**



**UNEVEN PRESSURE
& PUTTY NOT MIXED
SUFFICIENTLY**



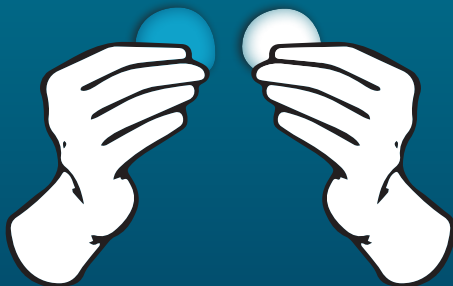
Don't worry you got this!

Let's Get Your Impression Putty Ready

CAUTION: DO NOT PERFORM THE FOLLOWING STEPS UNTIL YOU HAVE READ THE ENTIRE INSTRUCTION BOOKLET.

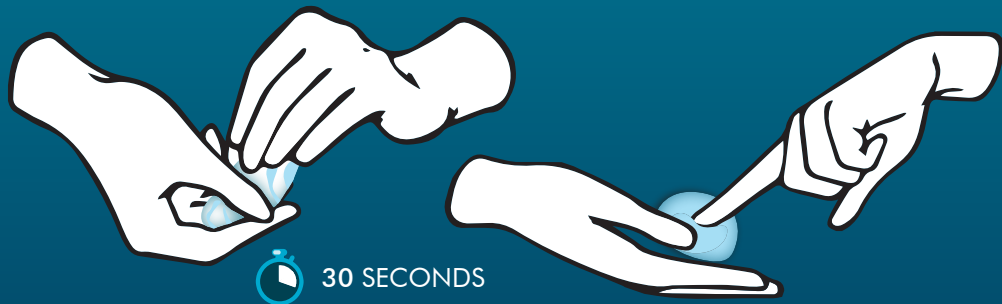
GLOVE UP AND MIX THE BLUE WITH THE WHITE COLOR PUTTY UNTIL THERE IS ONE UNIFORM COLOR. YOU WILL NEED TO REPEAT THIS STEP FOUR TIMES, TWICE FOR YOUR UPPER TEETH AND TWICE FOR YOUR LOWER TEETH. REMEMBER TO ONLY DO THIS ONE SET AT A TIME.

1 REMOVE PUTTY



Remove the putty, one blue and one white container per impression.

2 MIX TOGETHER INTO ONE UNIFORM COLOR



Within 30 seconds mix the putty together into one uniform color. Get rough with your putty and knead vigorously until thoroughly mixed. Make sure there are no swirls or streaks.

That's It, You're All Set. Let's Go!

AFTER MIXING THE IMPRESSION PUTTY, ROLL IT INTO A 4-INCH LOG THEN GENTLY PLACE IT INTO THE IMPRESSION TRAY. DO NOT FORCE IT, MAKE SURE IT FILLS THE ENTIRE TRAY ALL THE WAY TO THE BACK TO CAPTURE YOUR WISDOM TEETH CORRECTLY.

3 ROLL INTO A 4-INCH LOG



 5 SECONDS

Roll the blended putty with both hands into a uniform 4-inch log as shown below.

4 PLACE IN TRAY

Carefully place the rolled putty into the impression tray making sure it fills the entire 'U-shape' all the way to the back. Do not force or smash it into place.

 10 SECONDS

Fill all the way to the back of the entire 'U-shape' for best results



Let's Make a Great Impression

5 TAKE IMPRESSION

Open and relax your mouth. Place the tray with the impression putty in your mouth, remember there is no need to remove your gloves.

Use your fingers and thumbs to press the tray in place up to your gums. Pull your lip over the tray and leave it in place for 3 minutes.

Do not shift or wiggle the tray as this will cause inconsistencies in your impression.

All your teeth should be fully enveloped by the putty to capture the gumline. Avoid biting into the impression putty as this may cause contact

with the tray. Use your thumbs to gently hold the tray in place and ensure that it does not move while you make your impression.

6 REMOVE IMPRESSION

Carefully remove your impression tray by the handle after the timer goes off. You will need to repeat this step until you have all 4 impressions, 2 for your upper row and 2 for your lower row of teeth.

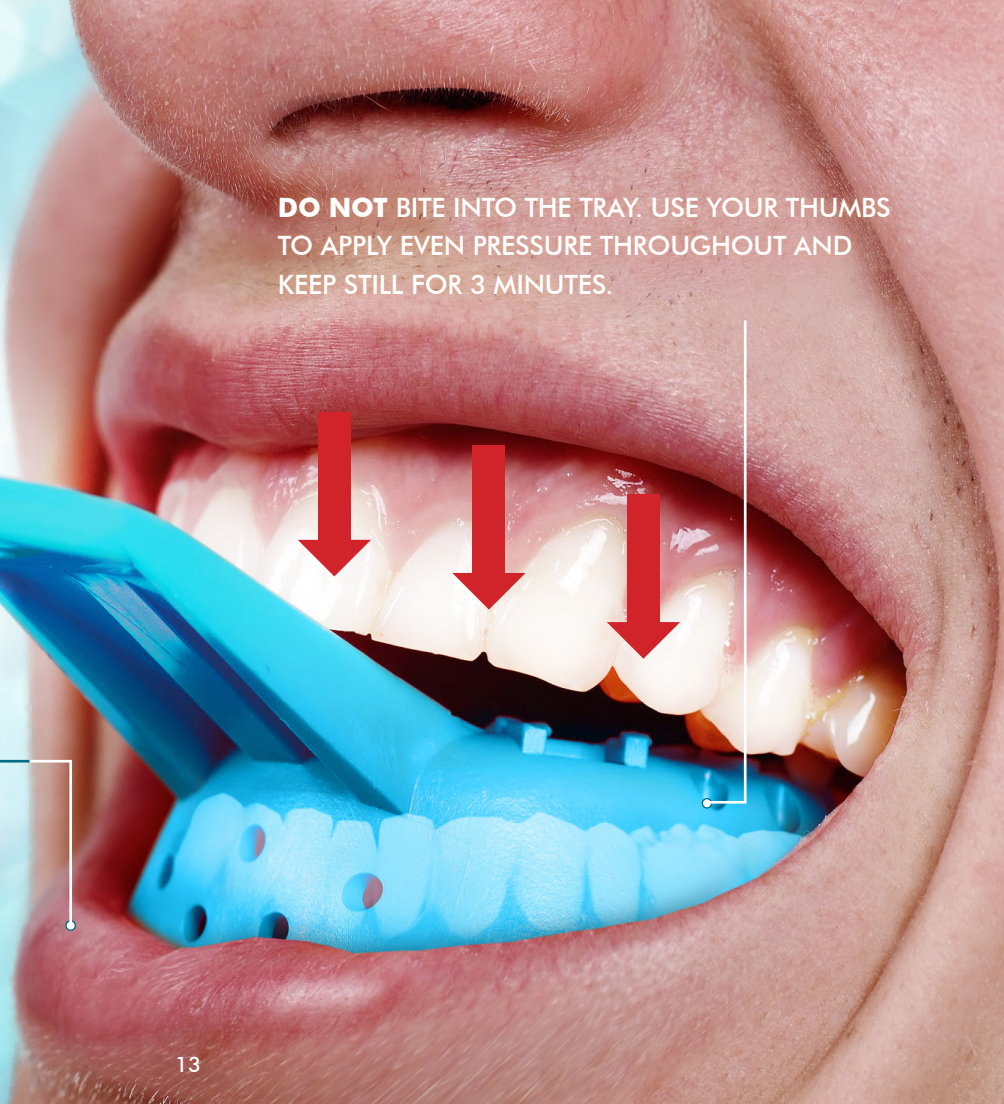


3 minutes

SET YOUR TIMER FOR 3 MINUTES AFTER PLACING THE IMPRESSION TRAY IN MOUTH.

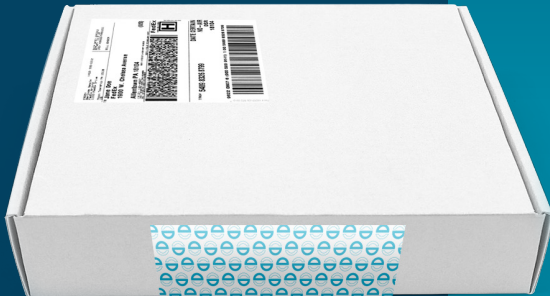
KEEP YOUR MOUTH RELAXED AND PULL YOUR LIPS OVER THE TRAY AND PUTTY.

DO NOT BITE INTO THE TRAY. USE YOUR THUMBS TO APPLY EVEN PRESSURE THROUGHOUT AND KEEP STILL FOR 3 MINUTES.



KEEP YOUR IMPRESSION KIT BOX FOR RETURN SHIPPING

Do not dispose of your impression kit box. It will be used with your return shipping label to mail your impressions back to us.



Bag 'Em & Pack 'Em

PACKAGING YOUR IMPRESSIONS & NAME CARD FOR RETURN SHIPPING

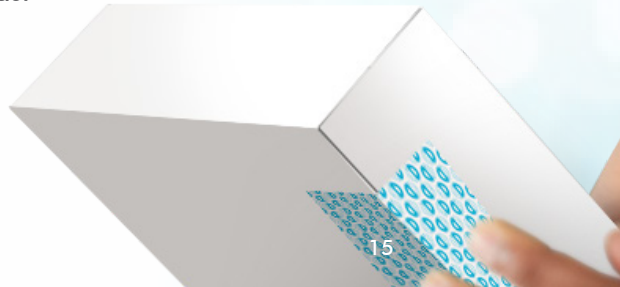
For added protection, place your impression trays in individual zip sealed bags. Put all four impression trays in your impression kit box along with your completed customer name card. Remember to include your name card in the box so we can link your impressions to your online account.

All Boxed Up

YOUR RETURN SHIPPING BOX SHOULD INCLUDE ALL THE FOLLOWING ITEMS:

- 1 Your two sets of impressions - 4 total
 - 2 Impressions for your upper row of teeth
 - 2 Impressions for your lower row of teeth
- 2 Your completed name card.

Attach your return label and seal the box with the provided sticker then ship back to us.



We'll Need Your Cheesy Selfies :)

GRAB YOUR CHEEK RETRACTOR, FIND A WELL LIT ROOM AND GET CAMERA READY



We'll need 3 of your photos to help evaluate and improve your smile. Use the cheek retractor included in your kit to expose your complete smile. For best results, we recommend taking the photos in a well-lit environment. You can always ask a friend for help if needed.

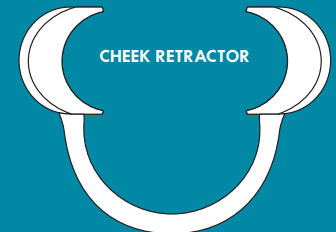
Useful Photo Tips:

IT'S ALL IN THE DETAILS

- Use the provided cheek retractor
- Avoid blurry photos, make sure to take up close clear images
- Having your gumline is very important
- Capture your entire smile including your back teeth in each shot
- Do not crop your images
- Make sure to use a well lit room
- Remove your glasses
- Max upload size per photo is 5mb



The provided cheek retractor is used to expose your complete smile without any obstruction.



Ready for that Close Up

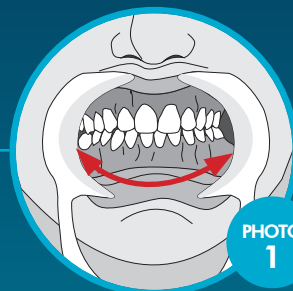
GETTING ALL THE RIGHT ANGLES

Make sure to wear your cheek retractor and keep your teeth closed in your natural bite. You will need to take a total of three clear close-up photos of your smile:

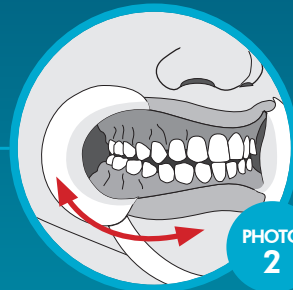
- 1 Front view of smile
- 2 Right side view
- 3 Left side view



FRONT VIEW
(natural bite)



RIGHT VIEW
(teeth closed)



LEFT VIEW
(teeth closed)



Upload All Your Photos

CREATE YOUR ONLINE ACCOUNT AND UPLOAD YOUR SMILE PHOTOS

Once you have taken your photos, log onto **www.ProClearAligners.com**, select the '**my account**' link on the top right menu to register your ProClear™ Aligners online account and upload your photos. Be sure to use the same name and mailing information you used on your customer name card provided in your ProClear™ Impression Kit. That's it, you're all set.



AROUND THE CLOCK ONLINE SUPPORT

Visit us online for additional help,
including tips and tutorials. Please visit
www.ProClearAligners.com/Support





What Happens Next?

CHECK YOUR INBOX & ONLINE ACCOUNT FOR UPDATES

We start working on your smile using our advanced AccuPro™ 3D digital technology as soon as we receive your impressions and smile photos.

Once your case has been reviewed you will be notified by e-mail and online that you are an ideal candidate for our cosmetic aligners.

Log into your online account to review and approve your before and after photos including your smile video. Order your ProClear™ Aligner Kit and follow your custom guide to improve your smile.

The Makings of A Beautiful Smile

ORDER YOUR IMPRESSION KIT



2-3 DAYS

Order your impressoin kit online via our website or affiliate promotion.

MAKE IMPRESSIONS & UPLOAD PHOTOS



1-2 WEEKS

Make your 4 sets of impressions and ship them back to your lab. Take your smile photos and upload them to your online account. Your case is now pending review.

APPROVE YOUR CASE & ORDER ALIGNER KIT



1-2 WEEKS

You receive an e-mail informing you that you are an ideal candidate for our aligners. You log into your account, review your photos, approve your case and order the aligner kit.

YOUR ALIGNERS ARE DESIGNED & SHIPPED



Once we receive your approval, we design and print your series of aligners. Your custom plan is designed and packaged with your aligners and shipped direct to you.

FREQUENTLY ASKED QUESTIONS

Am I responsible for shipping costs?

No. There is no cost to ship the impressions back. Included in your ProClear™ Impression Kit is a return shipping label to be used with your impression kit box.

What do I do with the other kit contents?

Keep them. All the contents in your impression kit belong to you.

What if my impressions are not good enough?

Request a Redo Kit. Not to worry, if your impressions were not ideal for designing your custom aligners, we will contact you regarding a 'Redo Kit'. Redo Kits are provided only to customers who purchased our ProClear™ Impression Kit.

After mailing in my impressions, how long until I receive my aligners?

It takes 4-6 weeks on average.

When and how long do I wear my ProClear™ Aligners?

Everyday. Wear your ProClear™ Aligners daily as outlined in your custom plan. They may be removed for eating, drinking, brushing your teeth and cleaning.

What type of results should I expect after completing my ProClear™ Custom Plan?

Best results are achieved when you follow your custom guide including the length of time the aligners are worn daily.



NEED ADDITIONAL HELP?

Visit us online for additional help,
including tips and tutorials at

www.ProClearAligners.com/Support



SHOP KITS & ACCESSORIES

Order your ProClear™ Aligner Kit and
whitening gel refills online at

www.ProClearAligners.com/Shop

The Professional Way To Get a Beautiful Smile
Without Going To The Dentist

www.ProClearAligners.com